



MENTAL HEALTH WEEK, 8-15 OCTOBER, 2016

Talk, Support, Recover in the park

MONDAY 10 OCTOBER, 10AM-3PM
JINGILI WATER GARDENS

LIVE MUSIC | YOGA | SPORTING ACTIVITIES
ARTS & CRAFT FOR ADULTS AND YOUNG PEOPLE ALIKE
WELLBEING | FOOD & DRINK STALLS

sprout.

