



KIDS-FIT

6 WEEK FAMILY-FIT CHALLENGE

Palmerston Challenge kicks off 17th October
Darwin Challenge kicks off 21st October

- 6 classes (Register for Palmerston OR Darwin Challenge)
- Daily Recipe Recommendations, Tips and Motivations to help your family stay on track
- Private Facebook Group connecting you to other families doing the same Challenge.
- Weekly Challenges
- Just \$129 per family for full challenge
- Sports Vouchers accepted

Register at kidsfitaustralia.com

#KIDSFITAUST

