



carpentaria



**MyTime**

*supporting parents of  
children with disabilities*

# INVITATION

**Carpentaria is pleased to invite you to join  
MyTime - free support for parents of  
children with disabilities**

**Date: Thursday 20 June 2019**

**Time: 9.30am - 12.00pm**

**Where: Harry's Place, 1 Willeroo Street, Tiwi**

MyTime groups provide support for mothers, fathers, grandparents and anyone caring for a child up to 16 years with a disability or chronic medical condition.

It's a place for you to unwind and talk about your experiences. It's a world away from appointments and therapy. It's support for you.

Join us fortnightly from Thursday 20 June (during term time) and enjoy a relaxed environment where you can socialise and share ideas with others who understand the rewards and intensity of caring for a child with additional needs.

Play helpers keep your children up to 5 years of age busy and active and siblings are also welcome. Refreshments are provided.

Groups are open and inclusive of all families with diverse backgrounds and offer thoroughly researched material and community support.

For further information, visit [mytime.net.au](http://mytime.net.au) or email [mytime@carpentaria.org.au](mailto:mytime@carpentaria.org.au)



MyTime is funded by the Australian Government Department of Social Services, and nationally coordinated by the Parenting Research Centre.



**Parenting Research Centre**  
*raising children well*



An Australian Government Initiative