

Activities + Training Programs:



Registration and Compliance:

The Nightingale Care + Support Services is a duly registered Company with the Australian Securities and Investments Commission (ASIC) and the Australian Taxation Office (ATO).

Our Company fully adheres to and works within the bounds of the Practice Standards 2019 and the Quality and Safeguarding Framework of the NDIS Commission and the Northern Territory Government in providing all our Care + Support Services to all Participants.

The Company commits to full compliance with the relevant and most current Fair Work Commission's Industry Awards. We exercise the best practice in team building as part of our corporate commitment and responsibility to all our team members and the community we serve.

Experience + Enjoy the Creativity of Our Professional Care + Support Services!



NIGHTINGALE CARE AND SUPPORT SERVICES PTY LTD
ABN/ACN 634 404 309
E-MAIL: info@nightingalecare.com.au
PH: +61 416 086 812



COMPANY INFORMATION



The Story:

"To make a legacy of difference for the Nightingale Team and the People with Special Needs in impacting the community and the society". This is the primary goal and source of inspiration of the four founders of whom each have extensive professional healthcare and civic experience in establishing the NCSS.

The founding members' vast experience in healthcare ranges from an innovative and committed hands-on in disability support care, aged care, and clinical care. Our competent knowledge of support and services coordination of the participants' needs and team leading in high and rapid critical thinking health facility settings bind the full service experience.

Past advocacy and civic leadership program that emphasised on support of persons with disabilities of the community through a local club of an international civic organization signifies an unwavering commitment to the Nightingale service.

Given the diverse field of experiences and the the dream of creating an impact of giving back by making a difference here in our community and the region, the founding members commit to provide the best of care and support to all our participants. And through a continuing team building of all our NCSS members in a safe, secure, dignified, cheerful + enjoyable workplace adhering and committed to the mission, value and vision that Nightingale Care + Support Services stands for.

Mission:

Our mission is to provide individualised care and support that adheres to a quality, safe, sustainable, and flexible services that uphold human rights and respect diversity.

It is our aim to create opportunities committed to motivate and challenge all persons with disabilities to achieve their full potential without discrimination.

Vision:

Our vision is to be the leading provider in empowering all persons with disabilities to live independently, pursue their chosen pathways, interests, and aspirations for a lifetime that they will value and admire.

Values:

Promoting our core values in all aspects of our care guide our actions. They embraced and modeled by our team and we believe in:

- Person-centred Care

We are enthusiastic about what we do to make a positive difference everyday. We listen, recognise development, value participants input, and treat every person with utmost dignity, courtesy and respect.

- Respect

We aim for behaviour, language, and actions that demonstrate high regard for self and others in all activities. We value diversity, act with integrity, honesty, transparency, mutual respect, kindness, and trustworthiness to ensure quality of service and safety.

- Teamwork

Working in partnership to deliver services competently in a professional and ethical manner at all times. We are committed to deliver innovative outputs to contribute to a safe and supportive environment adhering to best practice.

- Responsibility

We advocate, maintain confidentiality and aim for individual and shared integrity to promote the best service and quality outcomes. We are professional in dealing with sensitive issues, accountable, and able to create solutions to improve all participants centered care.

- Innovation

We strive to constantly innovate ideas to do the best at work, commit to prevent and respond to violence, neglect, abuse, and exploitation to achieve greater success at all times. We clearly acknowledge individual contributions, fair recognition, and welcome continuous improvement for the positive aspects of change.

Our Core Services:

- Day Service
- Support Independent Living
- Respite Care
- Home Care
- Community Access

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SERVICES + ACTIVITIES



Our Core Services:

We commit and endeavour to provide + achieve the best of care + support services.

- DAY SERVICES

A planned program of activities designed for participants who require continuing supervised care. Our main focus is physical and mental stimulation, social interaction, and recreational services in a professional care setting.

We advocate for community inclusion and support participants to live as independently as possible. Our services varies from recreational outings, physical care assistance, and most importantly to let our participant to socialise and enjoy individual or group planned activities with our trained and experienced support staff.

- SUPPORT INDEPENDENT LIVING SERVICES

A 24-hour residential care settings committed to fully integrate participants into the community to make decisions in their best own interests that best suit their needs.

Our residential services primarily serve two to four participants in a home and are delivered according to each of the participant's ongoing support plan.

- RESPITE CARE SERVICES

This provides round-the-clock care of the participant's choice in our residential home facility or in-home respite care working together to make the most of respite experience.

Our fundamental goal is to maximise dignity, independence and improve the quality of life for everyone not only for the participant who attends the program, but also for the family member who has the main responsibility as caregiver giving them a break for a short period of time from their usual caring duties.

- HOME CARE SUPPORT SERVICES

This provide assistance to the participants to look for suitable residential homes to cope with the daily demands of living. Managing activities together such as dishwashing, house keeping + cleaning, meal planning, preparation + cooking, laundry, personal shopping, attending medical appointments and paying bills. These allow participants to continue to live independently having more time to spend on their hobbies and interests in the comfort of their homes. Other support services includes medication administration (where applicable), proper manual handling + behavioural support (when required).

- COMMUNITY ACCESS SERVICES

It is another way of saying "getting out and about" to support a participant's hopes, dreams, interests, hobbies, aspirations, meeting people, enhance skills, and trying new things that impact a participant's ability to live independently in the community. We provide full assistance in accessing public + private transport by way of training or booking of third party vehicles or the use of NCSS company vehicles.

We provide a comprehensive, integrated, and holistic range of community access services that participants could choose from.

Our Creative Activities + Programs:

A. PHYSICAL FITNESS PROGRAM

COMMUNITY: Nature Walk, King Pin/Ten Pin Bowling, Fitness in the Park, Basketball, Table Tennis, Jump Rope, Dance, Swimming such as Aquatic Therapy.

CENTRE: Yoga, Dancing, Tai-Chi, Hoola Hoop, Jump Rope, Carpet Bowling.

B. NATURE ADVENTURE

COMMUNITY: Nature Trekking, Horticultural Experience, Fish Feeding/Fishing, Horse Feeding/Riding, Swimming at Nature Park, Tea Picnic, Lunch with Family + Friends, Rural Bus Outing, BBQ in the Parks, Nature Photography, Painting in the Parks.

C. INSPIRING + CALMING ART THERAPY

COMMUNITY: Local Musical Event (Mindil Singing Artists, Indigenous Musical Tapping, Nature Painting, Nightcliff Market Music, Painting in Beaches + Local Parks.

CENTRE: Musical Artistry (Drum, Guitar), Listening to Relaxing Music, Hand Massage with Relaxing Music, Mosaic/Abstract Creation, Clay Moulding.

D. PERSONAL IMAGE EMPOWERMENT

COMMUNITY: Salon Outing / Grooming.

CENTRE: Training (Basic Make-Up, Basic Nail Art, Hair Dye), Watching Videos of Inspirational True Stories of Other Vulnerable Individuals.

E. INNOVATIVE TECHNOLOGY PROGRAM

COMMUNITY: Taking Still Photos in the Parks, Beach + Other Tourist Spots in Darwin + Region, Computer Use in Libraries.

CENTRE: Digital Technology Training (iPad, Personal Computer, Digital Camera, Smart Phone), Still Image + Document Printing, Watching Movies.

F. NCSS INDEPENDENCE PROGRAM

COMMUNITY: Culinary Experience (Park, Local Restaurant + Cafe), Volunteering (Animal Centre, Like RSPCA + PAW), Library, Charity Shops, HPA, Aircraft Hangar, Salvation Army, the Patch), Shopping, Public Transport Ride Training.

CENTRE: Culinary Experience in Residence / Centre, Car Detailing.